The Telegraph Magazine



SOMETHING FOR THE WEEK AHEAD



Join the crew Lambswooljumper, £220, Sunspel (sunspel.com)



Take it slow Cast-iron casserole, £69, ProCook (procook.co.uk)



Brighten up your winter Superkind Radiance Mask, £57, Tata Harper (net-a-porter.com)



Designer for less Rixo reusable shopping tote, £5, Bag of Ethics (bagofethics.com)



Francesca Jones



My Saturday Champion jockey Frankie Dettori on watching TV alone and keeping away from emus

The Shadow Chancellor's gambit Ben Wright talks to Rachel Reeves about her next move



'THERE'S A CONSTANT UNDERESTIMATION OF GIRLS; IT'S IN EVERY SPHERE OF LIFE'

Asking for a friend Your problems solved by The Midults 17 The little shop that saved the great British farm Guy Kelly visits a family affair in Wales 18

'My mother lied to me my whole life' The repercussions of Munchausen's. By Elizabeth Grice 26

Why men don't read novels any more Ed Cumming goes in search of the reason

Downtime Fashion, plus your Christmas feasting special – from cocktails to chocolates

Wheel of fortune Krissy Turner shops for colourful coats for men

The wardrobe whisperer Our experts solve one reader's fashion dilemma

My ultimate Christmas feast All you need for a stress-free day, from Mark Hix





Tried and tasted The best mince pies, panettone, Christmas cake and yule logs

Flashback Laurie Woolever reflects on working with chef and writer Anthony Bourdain

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